Above, Pause, Whisper

OUTCOME
Members return attention to facilitator

PROCESS
- “Above” in this context means, the facilitator’s voice briefly starts above the volume level in the room.
- Listen to the collective voice volume in a group rise and fall.
- As the volume begins to drop from its loudest point, speak a partial phrase in a voice just louder than what you are hearing. Examples are “As you stop…” or “This next stage…”
- Pause as a momentary hush fills the room, than in a whisper finish your statement. For example, “As you stop…and look this way, the next step will be to locate a new partner and share what you are learning.”

TIPS
- The volume of voices in a group cycle every 8 to 10 seconds from high to low. Listen until you can identity these ranges. Timing is essential to achieve the desired effect. The pause in this sequence provides a break in pattern, which brains are hardwired to detect, causing the momentary silence into which you interject directions.