**Banned Words**

**Inclusion**

**PROCESS**
- Table groups identify a few words they would like banned from this session.
- One or two words are heard from each group and charted.
- The group agrees to collectively groan whenever one of these words is heard.
- The group practices the groan.

**ALTERNATIVES**
- None

**TIPS**
- Explain that sometimes words are overworked in organizations. This will give participants an opportunity to be free from them during this session.
- Periodically use one of the banned words to playfully stimulate a response.