

## **Group Groan**

### **Inclusion**

#### **PROCESS**

- Groups list what are the best and worst things that can happen in this session.
- Hear a few and record them on a flip chart.
- Make an agreement that should any of the worst things occur, all will participate in a group groan.
- Practice the groan once.

#### **ALTERNATIVES**

- Give think time before receiving the items.
- With groups of 12 or fewer, elicit both the best and the worst from the full group. Record in two columns.

#### **TIPS**

- Have each group offer one worst thing for you to post on the flip chart.