

Hand Signal

OUTCOME

Members return attention to facilitator

PROCESS

- With frozen body and a frozen gesture, and with eyes downcast, the facilitator raises one hand at right angle to the body and waits until the room is quiet.
- Members raise their hands, finish their current thought, then silently attend to the facilitator
- The facilitator breaks and breathes, says “Thank you” and makes a transition statement to the next order of business

TIPS

- Explain this is the most respectful signal you know, as it allows adults to finish their thought before attending to full group business
- Using the same spot to do this will begin to anchor the space as a signal to fall quiet and attend
- Visually oriented members are first to notice the hand signal, begin to quiet, and then the more auditorily oriented members notice the decrease in volume, and also fall quiet.