

Hopes and Fears

Information Processing: Activating and Engaging

PROCESS

- Briefly write your fears and hopes about this session or topic.
- Pairs share their greatest fear and greatest hope.
- Quartets (pairs squared) meet and identify themes in fears and hopes.
- Quartets report themes to full group.
- Facilitator makes comments to normalize fears and identify common hopes.

ALTERNATIVES

- Pairs report all fears and hopes.
- Conduct process as full group, with the facilitator eliciting and charting.

TIPS

- With either alternative, start with private reflection.