

I'm In

Inclusion

OUTCOME

Facilitate mental and emotional transition from outside the meeting to being present in the meeting.

PROCESS

- Members go around the circle briefly naming anything on their mind. (Examples: “I’m concerned about my eighth grader. She says she doesn’t have any friends. I know she is just down and does have friends. I’m figuring out how to handle this. OK. I’m in.” or “I’ve never had a third grade class so excited about creative writing. Their enthusiasm lifts me up every day. OK. I’m in.”)
- Stress that there is no side talk.
- At the end, make a summary paraphrase.

VARIATIONS

- Be the first speaker to model brevity.

TIPS

- Stop anyone who interrupts a speaker.
- Should someone ask to pass, that is OK, though we suggest not offering that as an option as you set up the activity.