### Norms Inventory Rating Perceptions of Myself



#### 1. Pausing to allow time for thought

A. I pause after asking questions.



B. I pause after others speak to reflect before responding.

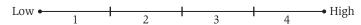


C. I pause before asking questions to allow time for artful construction.

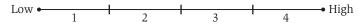


# 2. Paraphrasing within a pattern of pause — paraphrase — pose questions to ensure deep listening

A. I listen and respond with acknowledging paraphrases.



B. I listen and respond with organizing paraphrases.

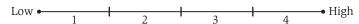


C. I listen and respond with abstracting paraphrases.

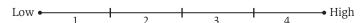


### 3. Posing questions to reveal and extend thinking

A. I pose questions to explore perceptions, assumptions and interpretations.



B. I inquire before putting ideas on the table and before I advocate.



C. I seek specificity of data, assumptions, generalizations and the meaning of words.



### 4. Putting ideas on the table and pulling them off

A. I state the intentions of my communications.



B. I provide relevant facts, ideas, opinions and inferences.



C. I remove or announce modification of ideas, opinions and points of view.



#### 5. Providing data to structure conversations

A. I present specific, measurable, observable information.



B. I present data without judgments, opinions or inferences.

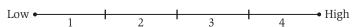


C. I offer multiple types of data to broaden understanding.



# 6. Paying attention to self and others to monitor our ways of working

A. I balance participation and open opportunities for others to contribute and respond.



B. I restrain my impulses to react, respond or rebut at inappropriate times or in ineffective ways.

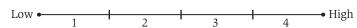


C. I maintain awareness of the group's task, processes and development.



## 7. Presuming positive intentions to support a nonjudgmental atmosphere

A. I communicate respectfully whether I agree or disagree.



B. I embed positive presuppositions in my paraphrases, summaries and comments.



C. I embed positive presuppositions when I pose questions.

