Hopes and Fears
Information Processing: Activating and Engaging

PROCESS
• Briefly write your fears and hopes about this session or topic.
• Pairs share their greatest fear and greatest hope.
• Quartets (pairs squared) meet and identify themes in fears and hopes.
• Quartets report themes to full group.
• Facilitator makes comments to normalize fears and identify common hopes.

ALTERNATIVES
• Pairs report all fears and hopes.
• Conduct process as full group, with the facilitator eliciting and charting.

TIPS
• With either alternative, start with private reflection.