Mix-Freeze-Pair
Facilitator Moves

PROCESS
• Walk around and mix.
• At a signal, freeze and pair with another.
• Pairs share information.

ALTERNATIVES
• Use this strategy as an activator, to organize and integrate information, to check understanding on an action agreement, or to understand a concept.
• Use music to move to, and when the music stops, freeze and pair.

TIPS
• Provide think time before members start this activity.

PROCESS
• Mill around the room.

cont.
• At a signal, freeze and pair with the nearest person.
• Explore the designated topic.
• Repeat the pattern with a new partner and a new topic.

ALTERNATIVES
• Be seated with the first partner. See Stack and Pack in this appendix.
• Add music while members are milling around.

TIPS
• Working with different partners stimulates new perceptions and combinations of thought.

NOTES AND APPLICATIONS
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________