

Mix-Freeze-Pair

Facilitator Moves

PROCESS

- Walk around and mix.
- At a signal, freeze and pair with another.
- Pairs share information.

ALTERNATIVES

- Use this strategy as an activator, to organize and integrate information, to check understanding on an action agreement, or to understand a concept.
- Use music to move to, and when the music stops, freeze and pair.

TIPS

- Provide think time before members start this activity.

PROCESS

- Mill around the room.

- At a signal, freeze and pair with the nearest person.
- Explore the designated topic.
- Repeat the pattern with a new partner and a new topic.

ALTERNATIVES

- Be seated with the first partner. See Stack and Pack in this appendix.
- Add music while members are milling around.

TIPS

- Working with different partners stimulates new perceptions and combinations of thought.

NOTES AND APPLICATIONS
